

Dear All,

I trust this newsletter finds you well? It has been lovely to speak to you most of you over the phone and via the wonders of technology, although it is no substitute for seeing you face to face. So it has been great to bump into some of you when Mike and I have been out for our daily constitutional!

Despite the relaxation in restrictions regarding our movements, there is no sign as yet that we will be able to come together physically to worship any time soon. Even when this does become the case, it is likely that we will need to consider carefully how we can do this and still ensure we all remain safe. So I am incredibly grateful that there are so many people who are helping to co-ordinate and lead our services. In case you are not sure what is on offer, here is the list:

Daily at 8pm (8:30pm on a Thursday) Compline is said via St Luke's Church Centre Facebook page. ([facebook.com/stlukesnorwich](https://www.facebook.com/stlukesnorwich))

You do not need to be signed up to Facebook to access this – it will ask you if you want to sign up, but even if you say no, you should still be able to see the service. The words are in the booklet which you were given on the last Sunday we were in church together- or is available on the website in the news section.

If anyone would like to lead this one evening a week please let me know- we will need to get you set up with the necessary permissions on the St Luke's Church Centre page.

Saturday 11am-noon (NOT Saturday 23rd May though) Virtual Coffee Morning via Zoom

Join Zoom Meeting

<https://us02web.zoom.us/j/85973565439...>

Meeting ID: 859 7356 5439

Password: 006470

Join by phone:

0203 051 2874 United Kingdom

0203 481 5237 United Kingdom

0203 481 5240 United Kingdom

0131 460 1196 United Kingdom

Meeting ID: 859 7356 5439 (followed by #)

Password: 006470 (followed by #)

Sunday at 10:30 am via Zoom A Service of the Word led by St Luke's.

This service includes sung worship and a sermon. The liturgy usually appears on screen but a printed version is available in the printable resources section. You need to download the Zoom app onto your computer/tablet/smartphone and the details are:

<https://us02web.zoom.us/j/515729907?pwd=Y3JzTXN6NEt1RHIFZm14YWxGUklrQT09>

Meeting ID: 515 729 907

Password: 076471

To join by phone: 020 080 6591 or 020 080 6592
 0330 088 5830 or 0131 460 1196
 0203 481 5237 or 0203 481 5240

As you will be aware Zoom had problems last Sunday which meant that many of us were unable to join the service. Please ensure you have upgraded to the latest version of the Zoom app. iPhone/iPad users need to go to the App store and check for updates. Android users need to go the Google Play store and check for updates. PC or Mac users should automatically receive a prompt that there is an update available.

In the event that this happens again, we will try to get Zoom up and running until 10:45am. If it is not working by this time, the service will move across to Facebook live at 11:00am and will become a said service, with the service leader (and anyone else in their household) doing readings and prayers. The sermon will come at the end of the service, and there will be a couple of minutes delay as the service leader ends the service and the preacher starts streaming.

Sunday at 6pm via Zoom, A service led by St Augustine's with informal coffee beforehand from 5:30pm. Email howard_green@btinternet.com for joining instructions.

Thy Kingdom Come 21st May-31st May

This is 11 days of global prayer. I have put together a resource booklet from the resources available on the Thy Kingdom Come website and will be offering a short service at 8:15 am each day via Facebook Live. Alternatively simply join in at home, resource booklet in printable resources section of this part of the website.

Thursday 21st May 7:00pm Deanery Ascension Day Service (Service sheet in printable resources section of this website.)

Join via <https://www.facebook.com/sprowstonchurch>

Or Zoom: ID 750 607 3095 password 1780

Or call in 0131 460 1196

APCM

We have been given permission to postpone this until September 20th but the PCC needs to have approved the accounts and Report by 31st May. We are still waiting for the accounts to be returned as there is an issue reconciling one of the bank accounts. As soon as they have been returned I will be in touch with the PCC.

Phone Calls

I shall continue to try and contact you all each fortnight, usually mid-morning to try to avoid varying meal times. If you would like a weekly call, Richard Turk is also happy to call you- so please let me know and I will give him your number.

If you need to contact me, please can you phone between **4:30 and 5:30pm** when I will guarantee to be in and not ringing anyone else, or alternatively email me anytime on sarah.quantrill@cantab.net I check my emails each morning.

Day Off

Just a reminder that I have moved my rest day to a **Friday**. This is to allow Richard to continue to lead our Compline service each week, as he has a study evening on a Tuesday.

Thank you for all you are doing to support and encourage one another and your communities during this time.

Yours in Christ

Sarah